



# Penelope Perfect: A Tale of Perfectionism Gone Wild

*Shannon Anderson*

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*“I’d never been late for anything. I just knew this would be a bad day.”* When Penelope oversleeps, her daily routine gets thrown for a loop. From wearing mismatched socks to receiving her first-ever “B,” will “Penelope Perfect” survive this imperfect day?

This encouraging story told in cheerful rhyme will speak to kids who deal with perfectionism or other forms of anxiety. The book concludes with tips and information to help parents, teachers, counselors, and other adults foster dialogue with children about overcoming perfectionism and coping when things don’t go according to plan.



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