



# Momnesia

*Lori Verni-Fogarsi*

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**Momnesia** Lori Verni-Fogarsi

She's smart, pretty, and runs her own business. So then why does she feel so dead inside? Between work, two kids, and a husband who finds her about as exciting as furniture shopping, this is the story of a (formerly-exciting but now way-too-typical) suburban mom who diagnoses herself with *Momnesia* and sets about finessing a new version of her old vivaciousness:

**Momnesia (mahm-nee-zhuh) -noun-**

Loss of the memory of who you *used to be*. Caused by pregnancy, play dates, and trying to keep the house cleaner than the Joneses.

She finds some adventure pursuing her own interests, and does make some new friends (including the battery operated variety), but still feels like nothing more than a caretaker.

In between dealing with her husband's manic-depresssive behavior, drama with her friends, and some naughty Internet escapades, she ponders, *Is it that I haven't been myself? Or is it that I am being myself, but just different than I used to be?*

It isn't until she tosses the Invisible Rule Book altogether, that she discovers life--and love--have more to offer than she ever imagined!

With custom-painted cover art that perfectly epitomizes the struggle of finding balance between "momminess" and "sexiness," *Momnesia* is a must read for anyone who has ever been a mother, had a mother, wanted to be a mother, judged a mother, or even just wondered about mothers. A great gift book, too!

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