



# Karate History: Collected Essays

*Henning Wittwer*

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## **Karate History: Collected Essays** Henning Wittwer

The seven essays in this volume are primarily based on Japanese sources and the original research of the author. Each of them provides valuable and unique insights into the history and teachings of the martial art of the Ryūkyū Kingdom, today widely known as karate. Henning Wittwer takes a deep look at the following themes:

- **The 1867 "Programme of the Three-Six-Nine and of All Arts": A New Translation and Explanation of its Martial Arts Sections**
- **Asato Ankō - His Life, Teachings, & Descendants- Bodhidharma, Shaolin and Chinese Boxing in the Eyes of Japan's Karate Pioneers**
- **Jigen-ryū & its Influence upon Karate-dō**
- **The Karate of the Shōtōkan (1938-1945)**
- **The Stick of the Shōtōkan - Considerations Concerning its History, Transmission and Teachings**
- **Translation Problems in Funakoshi's Biography**

Karate practitioners, karate researchers, and martial arts enthusiasts, students of Japanese Studies and people with a general interest in Asian history and culture will find this book fascinating as well as interesting.

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