



# **Recovery, the 12 Steps and Jewish Spirituality: Reclaiming Hope, Courage Wholeness**

*Rabbi Abraham J. Twerski, Rabbi Paul Steinberg*

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A powerful new Jewish contribution to AA's 12 - Step spirituality. The disease of alcoholism and addiction affects every part of our society - including Jews. This easy - to - read exploration from a Jewish perspective is the first comprehensive approach to successfully integrate classic Jewish spirituality with the 12 Steps of Alcoholics Anonymous (AA) and other recovery resources. From a very personal perspective, it masterfully weaves traditional Jewish wisdom with the experience, strength and hope of AA. With clarity and passion, Rabbi Paul Steinberg courageously shares his own personal struggles with alcoholism and addiction in a way that will help others find hope, guidance and a new life path - and stay on it. Using a variety of Jewish resources - theological, psychological and ethical - that speak to the spiritual dimension of the disease, he shows how the principles of Jewish spiritual recovery directly align with those of the AA 12 Steps. An inspiring, practical and accessible new resource for everyone touched by the pain of alcoholism and addiction, whether in an AA program or not, it speaks to every variety of Jew, as well as to non - Jews. A major new resource for people struggling with addiction and their families, rabbis, Jewish educators and addiction counselors who need to address alcoholism and addiction in their communities or in their own homes.

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The knowledge that you get from Recovery, the 12 Steps and Jewish Spirituality: Reclaiming Hope, Courage Wholeness is the more deep you rooting the information that hide inside the words the more you get serious about reading it. It doesn't mean that this book is hard to know but Recovery, the 12 Steps and Jewish Spirituality: Reclaiming Hope, Courage Wholeness giving you enjoyment feeling of reading. The writer conveys their point in certain way that can be understood by anyone who read the item because the author of this guide is well-known enough. This specific book also makes your personal vocabulary increase well. Therefore it is easy to understand then can go together with you, both in printed or e-book style are available. We recommend you for having that Recovery, the 12 Steps and Jewish Spirituality: Reclaiming Hope, Courage Wholeness instantly.

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