



# Hungry Boys: Tales from a Fraternity Kitchen

*Darlene Barnes*

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## **Hungry Boys: Tales from a Fraternity Kitchen** Darlene Barnes

Newly arrived in Seattle, Darlene Barnes stumbles on a job ad for a cook at the Alpha Sigma Phi Fraternity on the University of Washington campus, a prospect most serious food professionals would automatically reject. But Barnes envisions something other than kegs and frozen lasagna; she sees an opportunity to bring fresh, real food to an audience accustomed to "Asian Surprise" and other unidentifiable casseroles dropped off by a catering service. And she also sees a chance to reinvent herself, by turning a maligned job into meaningful work of her own creation: "I was the new girl and didn't know or care about the rules." Naively expecting a universally appreciative audience, Barnes finds a more exasperatingly challenging workplace: reluctance to change from some of her customers, patronizing resistance from her food suppliers, and a lack of control over her environment. Undaunted, she perseveres in this fiercely male culture, putting out good food with large helpings of biting humor. Laugh-out-loud funny and poignant, with delectable recipes peppered throughout, *Hungry Boys* offers a female perspective on the real lives of young men, tells a tale of a woman's determined struggle to find purpose, and explores the many ways that food feeds us.



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