



Free Your Home of Clutter, Clear up Your Life with Hypnosis, Meditation, Relaxation, and Affirmations: The Sleep Learning System

Joel Thielke

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Now includes "Deep Sleep" as a bonus track!

Clean up the clutter in your home and clear out worry from your life with this guided meditation and relaxation program, from certified hypnotherapist, Joel Thielke.

It's as easy as turning on the tracks and falling asleep!

The Sleep Learning System is specially designed to work with your subconscious mind during your sleep cycle. The guided meditation and soothing background music will deeply relax your body and mind for the perfect night's sleep, while allowing you to access the deepest parts of your mind. With this program, you'll get motivated to clean out the physical and mental clutter from your life and feel renewed and energized.

Two inductions give you options for each session, or listen to the entire album. It's your choice!

You'll feel well rested and energized when you wake up, and with every time you listen, you will feel more relaxed, centered, and focused.

Joel Thielke's guided mediation system gives you positive suggestions that will help you quiet your mind and melt away stress, leaving your body deeply relaxed for a great night's sleep. While you're sleeping, the program will help motivate you to clean and clear out clutter from your home and life, so that you can have a clean sanctuary to focus and inspire yourself.

The special inductions will gently guide you into your REM stage of sleep, working with your subconscious to make lasting change that you can see.

This Sleep Learning System album comes with two extended tracks that include the Sleep Induction and Garden Induction, guided meditation programs, and bonus music and positive subliminals, providing hours of relaxation for your listening experience.

Clear out the clutter today with The Sleep Learning System!

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Luz Cox:

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