



## Emotional Purity (Includes Study Questions): An Affair of the Heart

*Heather Arnel Paulsen*

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Have you ever given your heart to someone who didn't love you back?

Do you feel like you've experienced heartache over and over again?

If you are emotionally attached to someone, it's easy to cross the line and become emotionally intimate. Then if the relationship doesn't work out, you're left with scars on your heart.

The church teaches us the importance of physical purity; but it teaches little about emotional purity. Christian singles often wear their hearts on their sleeves, which can lead to intense, emotionally intimate, male-female "friendships" with no commitment to pursuing marriage. People may have had several of these "friendships" and still consider themselves pure, but in reality they have given away pieces of their hearts that should be reserved for their future spouses. *Emotional Purity* will show you how to define and set boundaries in your relationships to avoid making the same mistakes. Learn how to guard your heart and keep it emotionally pure.

Using fictional and real-life examples along with sound biblical advice, author Heather Arnel Paulsen outlines the pitfalls of undefined relationships and presents guidelines for living an emotionally pure life.



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Heather Arnel Paulsen**

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**From reader reviews:**

**Frank Lach:**

Playing with family inside a park, coming to see the water world or hanging out with good friends is thing that usually you may have done when you have spare time, after that why you don't try matter that really opposite from that. 1 activity that make you not experience tired but still relaxing, trilling like on roller coaster you have been ride on and with addition associated with. Even you love Emotional Purity (Includes Study Questions): An Affair of the Heart, it is possible to enjoy both. It is very good combination right, you still would like to miss it? What kind of hang-out type is it? Oh occur its mind hangout folks. What? Still don't understand it, oh come on its referred to as reading friends.

**Diane Gibbons:**

This Emotional Purity (Includes Study Questions): An Affair of the Heart is great e-book for you because the content which is full of information for you who also always deal with world and still have to make decision every minute. This book reveal it information accurately using great manage word or we can point out no rambling sentences in it. So if you are read it hurriedly you can have whole information in it. Doesn't mean it only will give you straight forward sentences but challenging core information with wonderful delivering sentences. Having Emotional Purity (Includes Study Questions): An Affair of the Heart in your hand like finding the world in your arm, information in it is not ridiculous a single. We can say that no book that offer you world throughout ten or fifteen tiny right but this guide already do that. So , this can be good reading book. Hi Mr. and Mrs. active do you still doubt that?

**Bobby Miller:**

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