



# **Clean Eating: 31-Day Clean Eating Meal Plan to Lose Weight & Get Healthy!**

*Linda Westwood*

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From the best-selling author Linda Westwood comes Clean Eating: 31-Day Clean Eating Meal Plan to Lose Weight & Get Healthy. This book will completely change your cooking, and help you melt pounds fast!

Not only are the recipes amazing - but they are quick, easy, and healthy!

Do you feel like you need to spice up your cooking?

Are you tired of the same old diet food?

Or if you just enjoy cooking and want to try something new

This book is for you!

This book provides you with a 31-day meal plan that will turn you into an amazing cook in just days!

It comes with the recipes, ingredients, and all the steps you need to know! And the best part is that this is Linda's 4th edition which means new and updated recipes, tips, and sneak peeks at the back of the book!

Are you ready to spice up your cooking and become a master chef in your own kitchen? Then check out this 31-day meal plan, and start cooking like a master today!

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