



# Lightning in My Blood: A Journey Into Shamanic Healing & the Supernatural

*James Endredy*

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**Lightning in My Blood: A Journey Into Shamanic Healing & the Supernatural** James Endredy

Join James Endredy, noted author and shamanic practitioner, on a bizarre, brutal, and exhilarating excursion into realities that few people have had a chance to explore. Whether it's discovering how to dream with the Lords of the Underworld or learning to fly with the help of his eagle *nagual*, outwitting a soul-stealing sorceress in Veracruz or conversing with the spirit of an ancient dwarf king, these gripping firsthand accounts chronicle Endredy's mystical experiences while living and working with fifteen indigenous cultures in North and South America, Hawaii, and Mexico.

Endredy's amazing, arduous, and sometimes life-threatening shamanic initiations and lessons illustrate the interconnectedness of all life, the importance of being humble enough to laugh at yourself, and the need to respect and learn from nature and her children.

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