



Breastfeeding the Late Preterm Infant: Improving Care and Outcomes (Clinics In Human Lactation) (Volume 4)

Marsha Walker

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The number of babies born before 40 weeks gestation is increasing. A growing body of research and clinical experience is finding that preterm birth, by even just one week, raises the risk for neonatal morbidity and mortality. *Breastfeeding The Late Preterm Infant* by Marsha Walker, RN, IBCLC, provides you with the latest information on babies born before their due dates and helps you support mothers who are breastfeeding late preterm infants. *Breastfeeding the Late Preterm Infant* includes:

- Background information and statistics on late preterm infants in the U.S.
- Contributors to late preterm deliveries
- Importance of the last six weeks of gestation
- Impact of birth interventions on breastfeeding the late preterm infant
- Reasons for increased risk of delayed lactogenesis in mothers of preterm infants
- Breastfeeding management guidelines for the late preterm infant, including:
 - How to provide latch assistance
 - How to assess feedings at the breast
 - When to supplement
 - How to use bottles and artificial nipples
 - How to help mothers initiate and maintain maternal milk supply
 - Ways to optimize milk production
 - Issues faced by the late preterm infant (hypothermia, hypoglycemia, respiratory instability, hypotonia, and immature feeding skills) and their impact on breastfeeding
 - Information on individualized feeding plans for moms to follow after discharge, including a sample plan

This monograph is full of pictures, graphs, and resources and is a must-have for all healthcare providers who help mothers' breastfeed late preterm infants.



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