



## Sushi with Style

*Ellen Brown*

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## **Sushi with Style** Ellen Brown

We all know that sushi is tasty and very good for us, but did you also know it's easy to make at home, open to endless variations, and relatively inexpensive? This appealing guide explains all that you need to know to become a sushi superstar. Complete with a history of the art of rolling and a basics section with advice on everything from picking the right *makisu* (that's a bamboo mat for the uninitiated) to correctly roasting sesame seeds, it helps you quickly master the few required cooking skills. If you're new to the sushi experience, and somewhat squeamish about the concept of raw fish, you can start-out by making vegetarian rolls before working up to the traditional Chicken Teriyaki, Futomaki with Scallion, or the inventive BLT Futomaki.

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