



# Chair Shots and Other Obstacles: Winning Life's Wrestling Matches

*Bobby Heenan*

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Chair Shots and Other Obstacles: Winning Life's Wrestling Matches is an introspective look into the wit and wisdom of legendary professional wrestler and manager Bobby "The Brain" Heenan.

"Chair shots" is a part of wrestling vernacular, but it is also a metaphor for setbacks and impediments that one experiences in life. Heenan has had his share of challenges - both personal and professional. He also has learned his share of lessons, but not in a formal education setting. The world has been his classroom and observing life around him, his curriculum.

In his new role of "self-help guru," Heenan dispenses that wisdom through tangible and downright funny examples and anecdotes of a 59-year life and a five-decade career in professional wrestling.

And what a career it has been. Heenan shares his many "chair shots," from battling pesky promoters and fanatical fans to combating cancer, which Heenan refers to as "the ultimate heel." Heenan also shares his seemingly infinite supply of humorous stories about many wrestling legends including: Dick the Bruiser, Andre the Giant, Vince McMahon, and Hulk Hogan.

Finally, "The Brain" sums up his experiences with a last bit of advice: "Don't be a 'Bobby Heenan.' I'm not even saying to be a Ray Heenan. Just be a clown. That's the best advice I can give anyone...Now, when do I get paid?"

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