



## Living in Limbo: Life in the Midst of Uncertainty

*Donald Capps, Nathan Carlin*

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Description: Limbo has traditionally been viewed as a place between heaven, on the one hand, and purgatory and hell, on the other, to which the patriarchs, who lived under the old law, and babies who died before being baptized into the Christian faith have been consigned. Like purgatory, it is a dark place but not deprived of grace. Now that the Roman Catholic Church has declared that limbo is not an official church teaching, the idea of limbo has been freed from ecclesiastical constraints and available for reflection on the human condition on this side of the grave. *Living in Limbo* by Donald Capps and Nathan Carlin focuses on the acute limbo situations that are an integral part of human life, including the vicissitudes of growing up, of forming committed relationships, of finding employment and staying employed, of undergoing life-threatening illnesses, and of experiencing dislocation and doubt. Using cases and examples of real-life persons, the book identifies the forms of distress likely to occur throughout the duration of the limbo experience, and it also identifies the internal and external resources that individuals draw upon as they cope with the stresses and uncertainties of living in limbo. Drawing on the traditional view, especially reflected in Christian art, that Christ descends into limbo to comfort and liberate its occupants, *Living in Limbo* comes down on the side of hope versus despair. In reading about other limbo dwellers, readers will meet themselves-or someone they love and care about-and will be encouraged by the very fact that they are not alone. Although it is not a pleasant place to be, limbo is not a place of solitary confinement, and one derives strength and resilience from the presence of the others. Endorsements: ""In this stimulating work we are invited to look at the margins of our lives for those disorienting experiences that often remain unexplored. By identifying common limbo experiences and their core elements the authors assist us in navigating a dimension of life that is very often neglected. I highly recommend this book to anyone who wants a concrete understanding of these complex life experiences." --Phil C. Zylla Academic Dean and Associate Professor of Pastoral Theology McMaster Divinity College ""With a trove of compelling and vivid narratives of lived experience, Donald Capps and Nathan Carlin illustrate quite powerfully the possibility of cultivating a spirit of hopefulness and resilience even when our lives are most acutely in a state of confusion and disorientation. Through the creative application of the resources of the Christian faith, this book effectively addresses, with compassion and humor and wisdom, the many different states of 'limbo' familiar to all of us." --Kirk A. Bingaman Assistant Professor and Director of Pastoral Care and Counseling Fordham University ""This book breathes new psychological and religious life into the ancient theological doctrine of 'Limbo,' recently disowned by the Catholic Church. Readers will find new sources of hope, insight, and solidarity in the limbo situations of people struggling to find their way along this journey we call life." --Thomas R. Cole McGovern Chair in Medical Humanities University of Texas--Houston Health Science Center Medical School About the Contributor(s): Donald Capps is Professor of Pastoral Psychology (Emeritus) and Adjunct Professor at Princeton Theological Seminary. He is the author of *The Child's Song* (1995), *Agents of Hope* (2001), *Fragile Connections* (2005), *A Time to Laugh* (2005), *Jesus the Village Psychiatrist* (2008), and *The Decades of Life* (2008). Nathan Carlin is Assistant Professor of Medical Humanities at The University of Texas Medical School at Houston. He has coauthored many articles with Donald Capps.

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**Mia Shaw:**

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**Sergio Terry:**

Playing with family in a park, coming to see the coastal world or hanging out with buddies is thing that usually you may have done when you have spare time, in that case why you don't try thing that really opposite from that. One activity that make you not feeling tired but still relaxing, trilling like on roller coaster you have been ride on and with addition details. Even you love Living in Limbo: Life in the Midst of Uncertainty, you may enjoy both. It is very good combination right, you still desire to miss it? What kind of hang type is it? Oh can occur its mind hangout folks. What? Still don't obtain it, oh come on its named reading friends.

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