



# Stop Whining and Start Winning: Eight Surefire Ways for Women to Thrive in Business

*Molly Shepard, Jane Stimmeler*

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**The ultimate guide to success for women in corporate America**

*Stop Whining and Start Winning* deftly exposes the roadblocks that keep women from reaching the top of the corporate ladder—and offers eight powerful strategies to overcome these hurdles and be more successful. Based on author Molly Dickinson Shepard's experience as a top woman's career coach, and coauthor Jane K. Stimmeler's career in corporate communications, *Stop Whining and Start Winning* is the one resource women need to help them understand their business culture, work through the challenges, balance work and home life, and get ahead without sacrificing their unique style and identity.

Drawing on extensive research, interviews with women executives across many industries, and insights gained on the authors' own journeys to the top, *Stop Whining and Start Winning* is essential reading for women who are interested in not just surviving, but thriving, in a male-dominated business culture.

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