



# Reiki for Life: The Complete Guide to Reiki Practice for Levels 1, 2 and 3

*Penelope Quest*

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## **Reiki for Life: The Complete Guide to Reiki Practice for Levels 1, 2 and 3** Penelope Quest

In REIKI FOR LIFE Penelope Quest provides the first comprehensive guide to the practice of advanced Reiki techniques for the beginner and more experienced Reiki practitioner, and for the client who wants to know more. She provides a guide to first, second and third degree Reiki, reveals the sub-branches of Reiki, and introduces Reiki-ho - techniques from the Japanese Reiki tradition which have only recently become available in the West. This book also provides a detailed explanation of second degree Reiki including a comprehensive guide to the use of the Reiki symbol; outlines the path to becoming a Reiki master and third degree Reiki; reveals the essential information you need to become a Reiki practitioner and shows how you can continue to grow spiritually with Reiki throughout your life.



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