



Mind Magic & Mentalism Explained! (Explain This! Series Book 1)

Misha Lane

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Almost everyone has an ability to read minds, and is often not even aware of this capability to do so. Mind reading comes from being intensely aware of the opposite party and being very sensitive to the very obvious signs that are exhibited that indicate the state of thinking and feelings.

This book is about just that, teaching you the techniques of using the powers hidden inside your subconscious to improve your life, career, health, and relationships.

Life always comes up with its share of obstacles and situations that you need to confront or get over, and this is where a developed sense of mentalism can very much come in handy. These techniques for reading minds are not any supernatural skills, but backed by behavioral sciences, and valid for most social situations. Most of them require only that you have a presence of mind to use them and be confident that you will succeed when you do so.

The subconscious also influences sickness and health, and can affect physical well-being. It is most active when a person is sleeping, which is what has led to people coming up with ideas that they dream of and which are registered in the subconscious. Accessing the subconscious gives you more control over emotions and habits. It can warn of impending danger even when signs are not very apparent. Listen to your thoughts and dreams when you are relaxed and you will find solutions to the problems you are facing.

When you are able to tap into the subconscious at will, you are entering the realm of mind magic, and it can help you to be very creative. The subconscious mind cannot be seen or felt, while the conscious mind has functions that allow it to do a number of things. The subconscious mind is rarely under control and can perform mental exercises, without the awareness that it is doing so.

With the help of this book you will learn to communicate with your subconscious and tap its various different dimensions. For an effective practice of mind magic, you need to be able to understand and trust the communication you receive from your subconscious mind.

Among the topics covered in depth in this publication are:

- Mind Magic and the Subconscious
- Delving Into the Subconscious Mind
- Mind Reading Guide
- Mind Power Is the Secret of Mental Magic
- The Power of Hypnosis and the Magic of Your Mind
- Mind Mapping to Achieve Dreams
- The Magic of Tricking the Mind
- Mind Magic and Mentalism
- Learning Mentalism
- Mentalism Secrets
- Hypo and Hyper Mentalism

- Using Mentalism in Daily Life

The mind plays a large part in the success that we make of life, and exercising the power that it has can always help you to get where you want to be. It can be of great help if you give the mind assistance by having very definite goals. Train your imagination to visualize your goals and there are better chances that you will get to where you want to be. With the help of this book you can achieve all that you want in life!

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