



Gratitude Encourages Joy: How to Unlock God's Gift of Lasting Happiness (Keys to Joy Library Book 12)

Gaylyn Williams, Ken Williams PhD

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Discover Secrets Proven To Unlock Your Joy!

Experiencing joy is a natural—but often elusive—part of Christian living. The hurts of life, unhelpful habits and unhealthy attitudes all lock out joy for many Believers. And it remains locked until they take action to open it.

Gratitude is closely related to worship; it voices our joy and it also creates joy. It's impossible to consistently thank God in every circumstance and remain joyless! We challenge you to try it. We express gratitude so we can bring joy to God. God then responds by imparting joy to us. Is gratitude such an important part of your life that you can't help but rejoice?

Keys to Joy not only shows you the door, but gives you the keys you need to usher yourself daily into the full, lasting joy God offers. You'll discover how to:

- Climb to new heights of joy in your relationships with God, family and others
- Replace worry and fear with peace and contentment
- Demolish unhappiness, misery and discouragement
- Eradicate anything that locks joy out of your life
- Transform trials into stepping stones

In this practical, life-changing Bible study, you'll uncover strength and encouragement for your difficult times through the authors' powerful stories. Each daily study includes Scriptures with questions to contemplate and grow in your relationship with God. They are designed to empower you to experience the full joy God has for you.

Keys to Joy is for individuals, couples or small groups, and includes a leader's guide for group study. It provides the biblical understanding and life patterns you need to live joyfully regardless of your struggles. Once you've opened the door to joy, you'll know how to assure it's never shut again.

Ken and Gaylyn Williams are an insightful father-daughter writing team and co-authors of *All Stressed Up and Everywhere to Go: Solutions to De-Stressing Your Life and Recovering Your Sanity*. Ken has a PhD in Human Behavior, served with Wycliffe Bible Translators for 53 years and founded International Training Partners, equipping Christian workers around the world. Gaylyn is the executive director of Relationship Resources, author of twenty-four books, and a dynamic inspirational and motivational speaker. They both live in Colorado Springs, CO.

What people are saying about Keys to Joy:

"In this book, Keys to Joy, Ken and Gaylyn Williams, the father-daughter writing team, do us a favor by reminding us of the things that lead to joy in the Christian life. Based on the study of God's Word, the contents of this book will lead the reader to a greater sense of who God is, and a deep abiding peace in the

One who loves us and wants a relationship with his children.”

—Bob Creson, President/CEO of Wycliffe Bible Translators USA

“In the midst of a world filled with broken promises and elusive dreams, Keys to Joy provides powerful clarity to obtaining lasting joy. Each chapter contains poignant narrative packed with spiritual truth and practical application. Everyone desires joy, but few discover the key to obtaining it. Keys to Joy unlocks the mystery of joy’s obscurity by providing 12 surprising truths. It’s a must read for every avid ‘joy seeker.’”

—Julie Gorman, Founder and Executive Director for FYI

“This book is eminently practical, thoroughly Biblical, thirst-promoting. It fills me with eagerness to study it more and enthusiastic about promoting it. It is a super book!!!! I can’t say enough good things about it.”

—Laura Mae Gardner, D.Min., International Training Consultant for Wycliffe Bible Translators

"With much hope, Gaylyn and Ken, share not only their personal struggles on their journey to joy, but practical steps to allow joy to flourish in even the most challenging times.”

—Evelyn Sherwood, Wife, mother, grandmother and pastor’s wife

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Harvey Hobbs:

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